



SPECIAL POINTS OF INTEREST:

- From the President
- Save the Dates
- Safety Tips

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The Baffle

VOLUME 5, ISSUE 8

AUGUST 13, 2015

“Plenty of Smiles & Miles”

Hello to all the UR family. I hope everyone is getting plenty of smile miles in. If not I hope UR can do something about that.

The Tuggle's Gap ride for lunch then ice cream at Dairy -o couldn't have had better weather or better roads. Shelly and Dan's member ride was also a great time. I hope UR is putting the rides out there that you can find time for and enjoy.

If not then let us know. Check the calendar and website for lots more riding to come.

On another note we have a trash pickup scheduled. No this is not a ride but it's something UR does to help out our community and we really hope you can attend.

The good part is afterward, we usually go eat so come out and lend a hand.

I would like to thank all the UR family for the canned goods.

Keep up the good work!

Hope to see everyone on one or more of the many rides coming up

Until next time.... watch out for the other guys front tire, drive defensively, practice good riding habits, use those hand signals

and as always...

“Peace be the Journey!”

Delbert Hinshaw



THE VP'S CORNER "Kindred Spirits"

Hello United Riders!

I hope everyone's enjoying the summer weather, and going on plenty of rides.

Hard to believe it's already August. We are making plans for the annual Labor

Day trip, looks like we have a good group going this year. It's not too late to join in. We are also looking into dates for the "Iron Butt" ride.

So make sure to keep your calendar of events handy.

I was riding with some local friends a couple of weeks ago, when we found ourselves in

the middle of a group of Model T's. We followed them for a few miles and when they pulled

over for a pit stop, we stopped too. I got to talking to a few of them, and found out we had a lot in common.

They were in a Model T club, and did monthly rides out in the county. They said that cars gave them the most problems, because Model T's can only go about 30mph.

So a lot of the cars would get frustrated following them and try to pass them as soon as possible.

They said bikers never tried to pass them and they never had a biker who didn't give them a friendly wave.

After talking to them for a while, I realized that this club were kindred spirits to our biker



club. They had the same interests, and enjoyed just getting together and doing rides. Never

would have thought a biker club would have so much in common with a Model T club.

There's plenty of good riding weather this summer. Please share the rides or

destinations you would like to do. There's plenty of place to go and visit. So get ready.....the

adventures, and the memories of them, are awaiting us!

WORDS TO LIVE BY:

*I don't ride a bike,
To add days to my life;
I ride a bike,
To add life to my days !*

Live Free ~ Ride Free

Murphy's Laws of Motorcycling

by Sandy Batton

1. A motorcycle cannot fall over without an audience. 2. The odds of a motorcycle falling over are directly proportional to the size of the audience and of the owner's ego. Newness and cost of the bike are contributing factors. 3. Motorcycles are to yellow bugs what aircraft carriers once were to Kamikaze pilots. 4. You will not feel the need to go to the restroom until after you have put on your rain suit. 5. The fact that your keys are still in your pants pocket will only become apparent after you have put on your gloves. 6. Quick fixes are so named for how long they stay fixed. 7. The only part you really need will also be the only part on permanent backorder. 8. Nothing is harder to start than a used motorcycle being shown to a prospective buyer. 9. You will never suffer a punctured tire on the road until you leave the repair kit at home. 10. "Universal" accessories are so named because that is where you must search to find the bike they fit. 11

INTERESTING FACTS ABOUT MOTORCYCLE & MOTORCYCLING

1. The first motorbike was built in Germany in 1885 by Gottlieb Daimler and Wilhelm Maybach. It was called a Reitwagen (riding car) and it was the first gas powered vehicle, a precursor to the current day automobile. 2. The tallest motorbike in the Guinness Book of World Records was built and ridden by Gregory Dunham. It was over 11 feet from the ground to the handle bars. The tires alone were 6 feet tall and the entire bike weighed 2.94 tons. 3. Tom Wiberg of Handouml, Sweden built the world and rsquo smallest motorbike.

The wheel base was 3.14 inches, and the seat was a mere 2.55 inches off the ground. This mini-motorbike can go a whopping 1.24 mph. Wiberg managed to ride the bike 32.8 feet. 4. The longest motorbike was built by Oleg Rogov in Tver, Russia on December 19, 2005. The motorbike was over 31 feet. 5. The longest motorbike ride through a tunnel of fire was made by Hou Jun in Changchun City, Jilin Province, China on July 19, 2007. The flaming tunnel was 178 ft. 10 inches. 6. Billy Baxter, who lost his eyesight while serving in Bosnia, set the record for blind solo land speed on a motorbike at 164.87 mph on August 2, 2003. 7. Hou Xiaobin of Binzhou City, China broke the record of the longest backward motorbike ride on October 4, 2006. Hou rode his motorbike backward 93.21 miles. 8. The largest motorbike pyramid was built in Jabalpur, India on July 5, 2001 by the Dare Devils Team of the Indian Army Signal Corps. The pyramid, consisting of 201 men balanced on 10 motorbikes traveled 424 feet. 9. Robbie Maddison broke the famous Eval Kneival and rsquo;s record of longest motorbike jump in Las Vegas in January of 2008 by jumping his bike 277 feet. 10. Emilio Scotto made the longest motorbike journey, traveling a total of 500,000 over ten years. Emilio began mapping out his route when he was eight years old. He and rsquo;s even written a book detailing his epic journey. 11. The largest parade of Harley Davidson motorbikes was conducted for charity in Denver, Colorado on December 8, 2002 and included 2,118 riders.

Women Riders Tip of the Month - Helmet Hair

by Kathy Blackburn

Dealing with helmet hair...

One word of advice is for riders not to wear product in their hair, as it makes it brittle and tends to rub off inside your helmet, leaving a mess unless you wear some sort of scarf. Put your hair in pony tails or braids if its long enough.

Pony tails and braids have been suggested as a way of keeping your hair in order, but even they can have problems as the wind tends to break off or damage the ends. One suggestion is to put a little conditioner in to stop the damage. You can also wear two braids rather than one central braid. Most women steer clear of using bobby pins, clasps or other hard objects to keep their hair in order, opting instead for soft materials and bands.

The main suggestion is to wear a do rag, because they prevent irritation and itching.

Keep hair ties handy to stick your hair up between rides.

Other items included but not limited to are:
Hair Gloves, Ball Caps, Headbands,
Bandana's.

Other options are:
Let it out, mess it up, and top it with
sunglasses or.....

Shave your head and start a new trend :)

Ride safe and Peace On...



From Our Secretary, Sandy Batton - July 2015, Meeting Minutes

Meeting Minutes

July 9, 2015 UR Open Meeting

- [\\$625.00](#) in Treasury
- [\\$50](#) was donated to the Matt Hunt Ride
- Shirt orders – Joes reviewed items available and prices
- Larry Kessler from Cox's Harley Davidson (Asheboro, NC) spoke to us about the Iron Butt Ride
 - o Provided detailed information about the planning and completion of the Saddle Sore Ride
- Reviewed July rides
 - Cruise
 - o Group voted to use cruise credits for shared cocktail party and [\\$50](#) on board credit per state-room
 - Member name drawn for August ride – Sam Price
- Kathy Blackburn provided information about the Road ID bracelet and post on the UR Member/Prospect Facebook page
- Sheri Sandoval – Discussed plans for the Labor Day Trip
 - o David McGill will post information on lodging on the UR event page
 - o Thomas Swaney will check on lodging at the Iron Horse
 - o Additional lodging options will be explored by Sheri S. and Sandie B. and posted on the UR



Grilled Chicken Tenderloins (Without the Grill)

- 4 boneless, skinless chicken breasts, cut into strips
- 1 cup zesty Italian dressing
- 2 tsp lime juice
- 3 tsp honey

1. Place chicken in gallon ziplock bag. Combine all other ingredients and pour over. Seal and marinate for at least an hour.
 2. Pour all ingredients into a large skillet and cook over medium heat until liquid evaporates and remaining marinade becomes thick and caramelized.
- Coat and each piece of chicken in marinade by rubbing it around on the bottom of the pan before removing it.

Enjoy and Peace On...

Kathy Blackburn

Promoting Female Riders.

By Bk Gaither

I am submitting this article in my efforts in promoting Female Riders everywhere, whether it's on a Touring Bike, Sport Bike, Dirt Bike, or Racing Bike, I would like to suggest going to this website:

www.WomenandMotorcycling.com

Your Girlfriends, Sisters, Daughters, Mothers, Aunts, and yes, even your Grandmothers should go to this website. This website is very empowering, encouraging, and informative for experienced riders, and those who are just thinking about riding and just haven't yet, it has lots articles and videos all of which are by Female Riders.

Your Wind Sister, BK



8 Motorcycle Packing Tips to Save Space *by Tom Swaney*

If you're like most people, you'll be riding a motorcycle a long way to the Sturgis Rally or, at the very least, riding your motorcycle to a few locations around the Black Hills during your vacation. Whether you're putting on 250 or 2,500 miles this riding season, learning these motorcycle packing tips will save you lots of headache and tons of time so you can focus on what really matters—enjoying the ride. To save you even more time and trouble, we've assembled a list of eight tips to teach you the most efficient way to pack.

1. Learn to Fold Your Chaps Correctly

This short tutorial not only teaches you how to fold your chaps to save space, but also how to turn them into cushion that can serve many other purposes.

2. Roll Your Clothes

This is a tried and true traveling tip anyone can use to save some space. Rolling your clothes just takes up less space than folding them... 'nuff said. Moving on...

3. Stuff Smaller Items into Your Boots

This video shows this trick being applied to shoes, but imagine all the space you'll save applying it to your boots! If you've got an extra pair of boots, you might as well utilize the space by stuffing them with things like underwear and socks. That way, not an inch of precious space is wasted.

4. Line Your Bags with Plastic Sacks

The name of the game is keeping your stuff dry. You don't have to get the super-expensive, reptilian waterproof bags (or expensive liner bags) to keep your valuables away from moisture. No matter how fancy or rainproof your bags might be, it doesn't hurt in the slightest to line all of them with an inexpensive kitchen garbage bag.

5. Develop a System

To pack truly efficiently, you need a system so that you always know where to find the things you need to access quickly and easily. Pack your bags to hold different categories of items (e.g. a bag for tools, accessories and protection; and a bag for toiletries, clothes and documentation), and always put your things back in the same spot so you always know where to find them. Anything you will need to retrieve on a regular basis should always be put on top of your bag.

6. Lock Up Your Valuables

Stow any cash and pricy electronics in locking saddlebags or a locking compartment of some sort. The best way to protect your valuables is to leave them at home, but if you must bring them, make sure they're in a place that only YOU can access. Don't carry too many credit cards or more than enough cash for a day or two, and keep copies of important documents as well.

7. Less Is More

This should go without saying, but you should only bring the bare essentials, especially if you're riding a long distance. You can significantly reduce the amount of clothes you need if you pack some detergent and wash them as you go.

8. Bring Bungee Cords and Zip Ties

If your philosophy is "more is more," then you'll need an abundance of bungee cords to securely fasten any extra luggage to your bike.

Riding on Gravel

By Tom Swaney



At some point in your street motorcycling life you'll find yourself faced with riding in gravel. Roadside pullouts that are not paved and road construction are the two most common scenarios where you'll encounter loose rocks and/or dirt and sand.

Another common gravel scenario (one where you could kick yourself for not asking about ahead of time) happens when you've arrived at that cute B&B or lodge where you had planned to stay only to be faced with a long, deep gravel driveway.

Gravel happens. Street motorcyclists rarely choose to ride in gravel. You can choose to turn around, but that's not always an option. You need to be able to get through it in one piece. (Experienced rider tip: when making lodging reservations, always ask if there is any gravel on which you must travel to get there.)

Seasoned motorcycle riders know that riding in gravel is inevitable. So learning to be comfortable riding through it is part of becoming a better rider.

Whether it's gravel, dirt, sand, grass, or any slick surface, the same rules apply. You want to minimize the motorcycle's lean and abstain from any sudden input such as **braking**, **accelerating**, or **swerving**.

I'll say it again:

Minimize the motorcycle's lean and abstain from any sudden input such as braking, accelerating, or swerving.

There are all types of gravel conditions. Part of deciding to ride through gravel is assessing the kind of terrain you're faced with. Hard packed gravel is best. Loose sand is the worst. Here Tricia powers through relatively even packed down gravel.

Terrain like this can be deceiving. It's mostly packed dirt and sand, but this kind of gravel requires constant scanning for mounds of sand and stones that have formed which can be more difficult to ride through because of the lack of traction, and possibly have you experience a rear tire spin out.

When we lose traction, defined as the "grip of a tire on a road," it's easy to lose control of the motorcycle. But don't lose your head.

If your motorcycle is already in motion and you come up to a patch of gravel in the road, don't panic. It's best to maintain the momentum the motorcycle already has and slow down gradually, with very light use of both brakes. Your tires will slide easily, even on a light gravel surface, so if you brake too hard too fast you'll likely produce a skid, lose control of the motorcycle and you may go down.

Riding on Gravel, *By Tom Swaney con't*

Roadside pullouts laden with gravel are actually a good place to practice your gravel riding skills because, so long as there's no drop or gap between the pavement and gravel, you can stay headed in one direction as you enter and exit the pullout while practicing smooth throttle control.

When the road ahead promises miles of gravel, you can turn around and find another route, or you can use these techniques to get through it.

Physically:

- Keep your arms and shoulders relaxed, and steer the bike without fighting against it.
- Use a gradual throttle roll-on to accelerate and maintain a steady speed, which will most likely be a reduced speed. Try not to stop, but if you have to, start out again by using very light, gradual acceleration, so your tires don't spin out.
- Keep the motorcycle as straight up as possible, that is minimize lean, which may mean taking wide turns and using most of the road.
- Keep as much distance between you and other vehicles as possible to allow yourself a lot of extra room to gradually slow down to a stop.

Remember the rule that you **go where you're looking**, so avoid looking down. Stay focused on where you want to ride to, but continually scanning near and far, checking the road surface conditions so you're aware of any big rocks or potholes to avoid. Looking far ahead will keep you heading in the right direction.

Remember to breathe slowly with controlled breaths to keep your body calm so you don't tense up. WRN Editor Genevieve Schmitt advises using a Pilates breath. "I'm a Pilates instructor so I'm always using my 'Pilates breath' to get me through tense situations calmly—like riding in gravel. Pilates breath is done by breathing in through the nose, and out through the mouth. This kind of breathing is best for controlling your breathing pattern so your body stays calm. The calmer you are, the more your mind will remember what to do so your body can respond appropriately to move you through the gravel successfully.

Mentally:

- Tell yourself you will get through this.
- Listen to your inner voice. If you're feeling confident then go for it. If the voice in your head says to turn around and you can, then listen to it.

Don't allow any negative thoughts to invade your brain like how bad it is to ride through gravel or that you will fall. If you employ the above techniques, you're likely to power right through and be celebrating that you did so before you know it.

On a motorcycle trip of Northern New Mexico a few years ago, Genevieve and I encountered a gravel roadway unexpectedly. We lowered our speed, used the techniques above and found ourselves still smiling after 20-some-odd miles of it.

A roadside selfie celebrating our gravel ride.

Seasoned street motorcycle riders know riding in gravel is inevitable. If you ride any long distances at all, you'll likely hit upon road construction where fresh gravel has been laid for future pavement. It's not a matter of avoidance, but a matter of learning to ride through it.

Save the date

August 2015

August 15th ~ Breakfast ride—CJ's Olde Towne Restaurant

Meet at DK Cycles @ 9am Or just meet at us CJ's

CJs Olde Towne Restaurant ~ 239 White Oak St ~ Asheboro, NC 27205

August 22nd ~ Sam's Ride

Meet at DK Cycles at 9:30am

You just never know where Sam's ride will lead us too.

Come with a full tank, tummy & empty bladder for a great day of riding.

***We are open for August 29th—If you have a
suggestion for a ride - Speak up & lets do it!***

Save the date

September 2015

September 3rd ~ September 7th

UR—5th Annual Labor Day Mtn Trip Details

Leaving Thursday at 5pm ~ Meet at Sheetz Gas station in Kernersville
1400 NC-66, Kernersville, NC 27284

Riding:

Back of the dragon (VA) - Friday

Devils Triangle (TN) - Saturday

Gauntlet (GA) - Sunday

Dragon (NC) & Home - Monday

September 12th ~ Bikers 4 Boobs

Meet at DK Cycles at 9:30am and ride to the Hess Station by 10am in
Asheboro to connect with other members and ride to Cox's together.

September 26th ~ Hillbilly Hot Dog Weekend

Mark your calendars for a wonderful weekend up in West Virginia.

Meet at Sheetz, 1400 NC-66, Kernersville, NC 27284 at 9am.

Interstate to 77 to Berkley West Virginia where we'll ride over and under the
New River Gorge, taking curvy rt 60, Harley Shop & back on I77 to Charleston
West Virginia for the night. The next day it Hillbilly's Hot Dog's before heading
home.

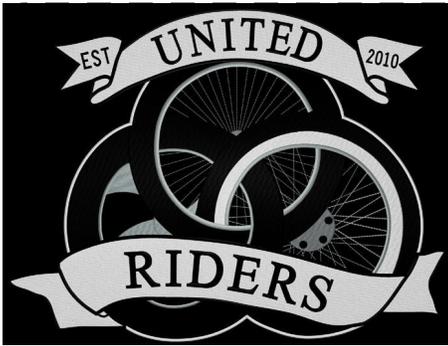
**SEPTEMBER 19TH TO BE DISCUSSED AT THE OPEN MEETING ABOUT
A RIDE.....**

AUGUST 2015

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-------------------------------|-----|-----|-------------------|------------------------------------|--|
| | | | | | | 1 Tuggles Gap Ride DK Cycles 9am |
| 2 | 3 Tom Swaney's Birthday | 4 | 5 | 6 UR Bus Mtg | 7 | 8 Special Ops Museum - Fayetteville, DK's 9am * Fried Turkey Shop for lunch |
| 9 | 10 | 11 | 12 | 13 UP Open Mtg | 14 | 15 Breakfast Ride, DK's 9:30am Robin Berrier's Birthday |
| 16 | 17 | 18 | 19 | 20 | 21 Lanee Kirby's Birthday | 22 Sam's Ride DK's 9:30am |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

SEPTEMBER 2015

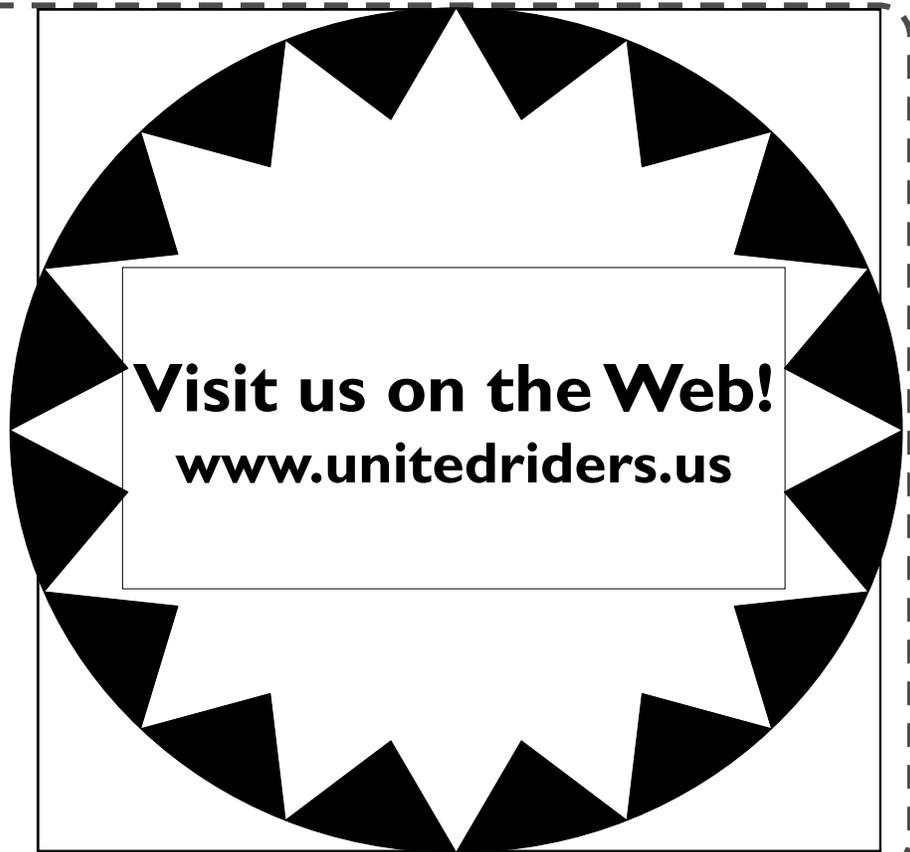
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------|---|-----|--------------------------------------|------------------------------|---------------------------------|---|
| | | 1 | 2 | 3 6th Annual ← | 4 UR Mountain _____ | 5 Trip _____ |
| 6 _____ | 7 _____→ | 8 | 9 | 10 Alyse Ford Birthday | 11 | 12 Bikers 4 Boobs DK 9:30am or Hess 10am |
| | 14 | 15 | 16 Kathy Blackburn Birthday | 17 | 18 | 19 |
| 20 | 21 Bill Hobbs Birthday Robin Pardella Birthday | 22 | 23 | 24 | 25 Shelley Sitko Birthday | 26 Hillbilly Hot Dogs Weekend trip ← |
| 27 _____→ | 28 | 29 | 30 | | | |



**United Riders
Riding Club**

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unitedriders2010@yahoo.com



Visit us on the Web!
www.unitedriders.us



If you see the following family member,
wish them a



**** *Happy Birthday* ****

Tom Swaney ~ August 3rd
Robin Berrier ~ August 15th
Lanee Kirby ~ August 21st